



HRINSIDR

# Free AI Training for HR

## From ChatGPT Commands to Collaboration



A brief training including three experts designed to take you beyond basic prompts into how to collaborate with ChatGPT. Deepen your understanding, reframe how you interact with AI, and unlock new ways to enhance your HR role — not just using AI as a search engine, but partnering with it to reimagine what's possible.

2025

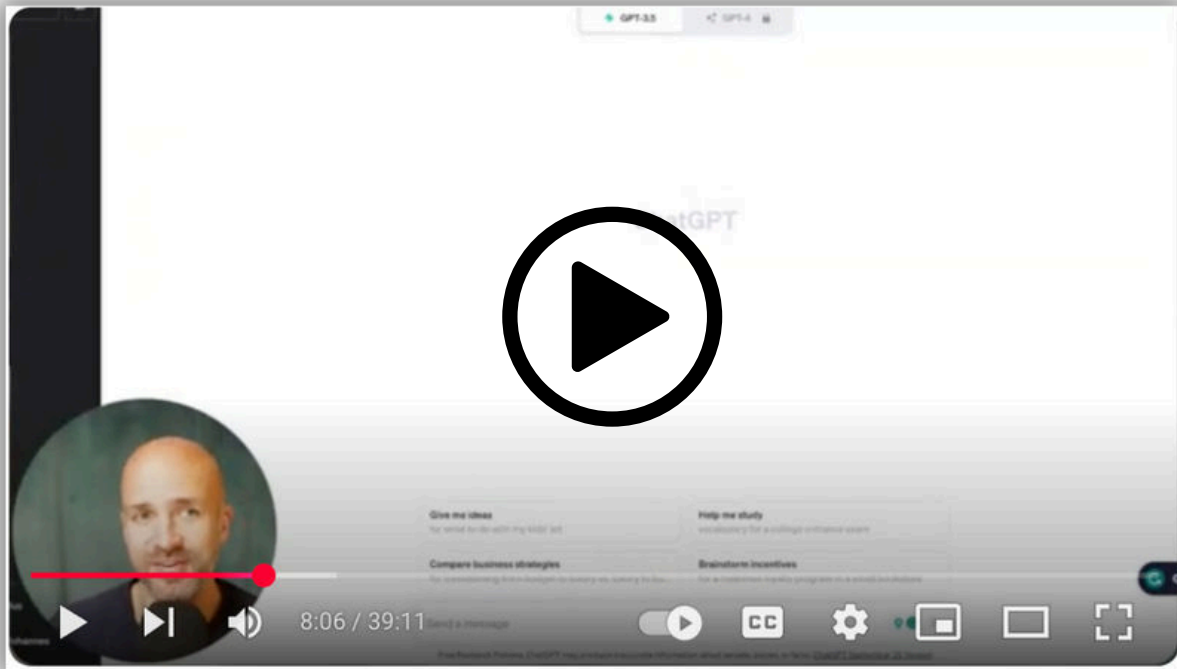
# Facing Fear: Building the Future for HR + AI



As AI reshapes the workplace, HR finds itself at the center of a cultural transformation. We sat down with Brian Tarallo — graphic recorder of this year’s SHRM HR + AI event and facilitator, and organizational development expert of Lizard Brain — to talk about fear, experimentation, and why HR is uniquely positioned to lead the AI revolution.

[Read the full interview](#)

# How to Collaborate with ChatGPT



**Johannes Sundlo,**  
**FullStackHR**

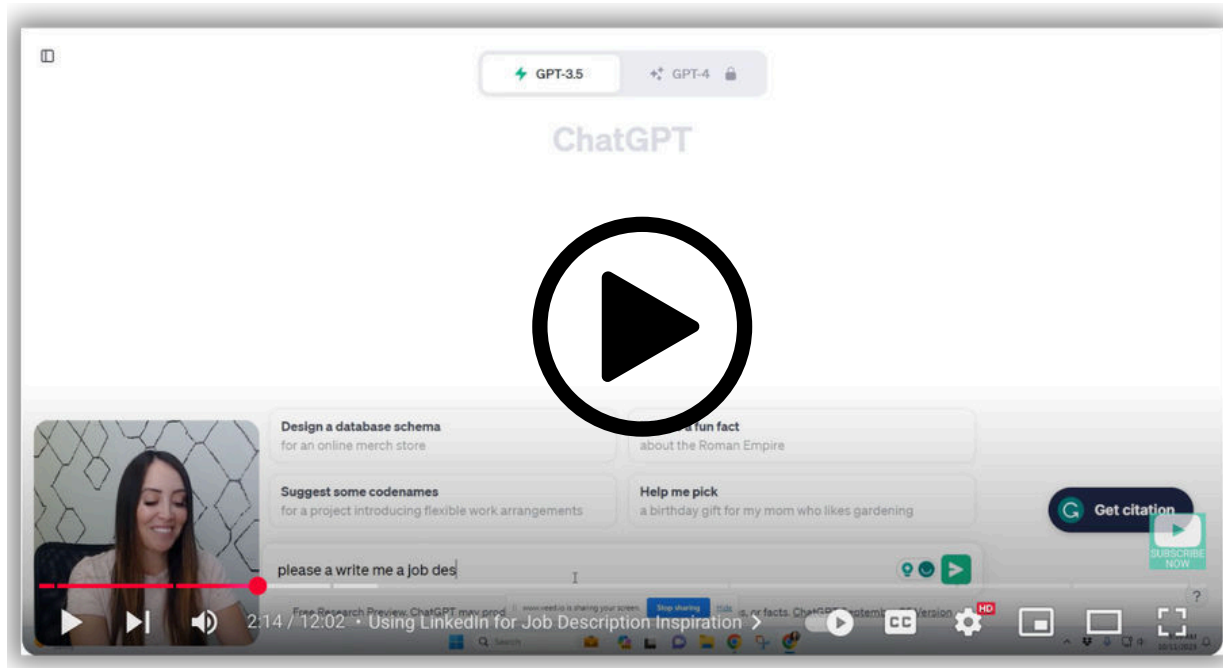
Listen in as HRInsidr, Editor-in-Chief Camille Bradbury analyzes this free tutorial that shows how to use ChatGPT as an assistant and how to feed it information, slow down the process, and change your mindset around how to use AI.

You'll learn:

- Common HR Tasks
- How to change your mindset around AI
- Basics of collaborating with ChatGPT to get the output you want.

**WATCH NOW**

# How to Write Job Descriptions with ChatGPT



Brianna Rooney, [The Millionaire Recruiter](#), introduces you to a great intro session to using ChatGPT to create job descriptions aligned with your company's culture and values.

You'll Learn:

- How to interact with ChatGPT to generate job descriptions that resonate with both your hiring needs and your organization's unique identity.
- Craft gender-neutral and inclusive job descriptions.
- How AI can play a pivotal role in modern recruitment.

**WATCH NOW** 

# How to Analyze Unstructured Data with ChatGPT

## Skills Leap AI

This video shows you the power of ChatGPT when working with unstructured data. Learn how far you can go with recent updates like building charts and presentations in 30 seconds.



**Download:** [Data Analytics prompt book](#)

**WATCH NOW** 

# Responsible AI

Lead AI adoption with four questions.

- Is it fair?
- Is it transparent?
- How is it being used?
- When is it being used?

## Don't Share These 5 Things with ChatGPT

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- Sensitive Company Information
- Creative Works and Intellectual Property
- Financial Information
- Personal Data
- Username and passwords

# Have an AI question?



We're hosting a live Ask Me Anything (AMA) with a top AI expert—and it's all about getting your questions answered about AI.

Whether you're curious, skeptical, or already using AI in your HR practice, this is your chance to dive into your specific challenges. Submit your questions, and we'll feature it live or provide the answer in a Q & A.



**Ask me a question**

Type something...